

### International Index of Erectile Function

These questions ask about the effects that your erection problems have had on your sex life over the last four weeks. Please try to answer the questions as honestly and as clearly as you are able. In answering the questions, the following definitions apply:

- **sexual activity** includes intercourse, caressing, foreplay, & masturbation
- **sexual intercourse** is defined as sexual penetration of your partner
- **sexual stimulation** includes situations such as foreplay, erotic pictures, etc.
- **ejaculation** is the ejection of semen from the penis (or the feeling of this)
- **orgasm** is the fulfillment or climax following sexual stimulation or intercourse

1. How often were you able to get an erection during sexual activity?
 

0 No sexual activity	3 Sometimes (about half the time)
1 Almost never/never	4 Most times (much more than half the time)
2 A few times (much less than half the time)	5 Almost always/always
  
2. When you had erections with sexual stimulation, how often were your erections hard enough for penetration?
 

0 No sexual activity	3 Sometimes (about half the time)
1 Almost never/never	4 Most times (much more than half the time)
2 A few times (much less than half the time)	5 Almost always/always
  
3. When you attempted sexual intercourse, how often were you able to penetrate (enter) your partner?
 

0 Did not attempt intercourse	3 Sometimes (about half the time)
1 Almost never/never	4 Most times (much more than half the time)
2 A few times (much less than half the time)	5 Almost always/always
  
4. During sexual intercourse, how often were you able to maintain your erection after you penetrated (entered) your partner?
 

0 Did not attempt intercourse	3 Sometimes (about half the time)
1 Almost never/never	4 Most times (much more than half the time)
2 A few times (much less than half the time)	5 Almost always/always
  
5. During sexual intercourse, how difficult was it to maintain your erection to completion of intercourse?
 

0 Did not attempt intercourse	3 Difficult
1 Extremely difficult	4 Slightly difficult
2 Very difficult	5 Not difficult
  
6. How do you rate your confidence that you can get and keep an erection?
 

1 Very low	4 High
2 Low	5 Very high
3 Moderate	

SCORE
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